

# Aphasia Conversation Group

## Scheduled Dates & Themes

The 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the Month from June - December  
Meetings are held from 2-3 PM at the Campbell Community Center  
155 High Street, Eugene, OR 97401

The 2<sup>nd</sup> meeting of the month (4<sup>th</sup> Wednesday) will follow the theme and be a hands-on activity. And a family member or support person is welcome to join in the fun.

June 12 - Introductions

June 26 – Introductions continued, Bring a Show and Tell item of something you are proud of

July 10 – Potting plants

July 24 – Guest Presenter: OSU Extension Master Gardener, Shirley Betournay will guide us in how to pot sedums (succulents)

August 14 – What is art?

August 28 – Make Bad Art Workshop

September 11 – Staying fit and why Exercise is good for the brain

September 25 – Guest Presenter: Eric Beins from 2<sup>nd</sup> Half Fitness will lead us through an exercise class

October 9 – TBD

October 23

November 13 – TBD

November 27

December 11 – Holiday gathering

Participants benefit most by attending each session but once you're registered feel free to drop in as your schedule allows.

\*\*Participants who are interested in the extra challenge are welcome to lead any part or an entire meeting. Talk with Cecelia for more info.

