



AMPLIFY

SPEECH THERAPY • FIND YOUR VOICE

Teletherapy Guide

What you will need

A computer, laptop or tablet that has a camera, and microphone

Stable internet connection with minimum bandwidth of 8 Mbps

Make the most of your session

Find a quiet space without interruptions

Silence your cell phone

Turn off any other devices that will pull from your bandwidth

An invitation will be sent to you by email titled "Invitation: Speech Pathologist's Zoom Meeting"

At the appointed time, click on the link in this email that says "Join Zoom Meeting"

Leave time before your appointment as you will need to sign up for a Zoom account at <https://zoom.us> beforehand

Once admitted, you will see the therapist but may not be able to hear. You will need to select "wifi or cellular data" to hear

After entering the meeting, select "Join with video"

For security, you will be entered into a waiting room and must be approved by the therapist to start the session

The volume is controlled on your computer

If connection is lost and cannot be resumed in 2 minutes, your therapist will call you by phone

Simply move the cursor to see other options or functions on your screen

When the session is over, select the red "Leave" button to exit the meeting

Do you know anyone who is tech savvy? For the first few sessions, it may be helpful to have this person nearby who can help troubleshoot any issues